

Family Medicine Specialists Experience Significant Performance Gains with ACO Partnership

THE CHALLENGE

Family Medicine Specialists (FMS) was poised to benefit from an Accountable Care Organization (ACO) model by optimizing outcomes, minimizing costs, and making sure their patients were kept front and center throughout the care journey. However, prior to transitioning to Vytalize Health ACO, under their previous model, there were concerns they could not ignore. The practice struggled with:

Navigating value-based care

FMS had strong quality metrics but needed a partner to provide real-time data insights and ongoing support.

Delayed incentives

Their traditional ACO model required a two-year wait for financial incentives, limiting immediate returns.

Data overload

Their ACO required FMS to sift through extensive raw data without sufficient guidance on actionable insights.

Closing care gaps

Ensuring timely follow-ups and annual wellness visits (AWVs) for high-risk patients remained a challenge.

The time came to optimize their participation in Medicare's ACO model by improving patient outcomes while lowering costs. FMS decided to join Vytalize Health's ACO program, leveraging NextGen Healthcare technology to enhance data-driven decision-making and care coordination.

“When I was introduced to Vytalize and saw the difference and felt support from day one, it was very easy for me to make the decision and tell our docs, as an independent provider, we need to make this change. It was seamless. We had support from day one.”

*Angela Axdahl
Practice Administrator
Family Medicine Specialists*

CLIENT PROFILE

Family Medicine Specialists, P.C.

Background: Family Medicine Specialists has been committed to providing high quality, comprehensive healthcare for families across Cedar Rapids, Iowa since 1990. The practice currently employs 31 people and serves more than 14,500 patients.

NextGen Healthcare Solutions:

NextGen® Population Health

Vytalize Health – Vytal Insights & Vytal Signs

HIGHLIGHTS



Improved care coordination



Streamlined workflows



Immediate financial benefits



Enhanced provider-patient experience

THE SOLUTION

Transition to Vytalize Health ACO & NextGen Healthcare

By partnering with Vytalize Health and utilizing the NextGen® Population Health platform, FMS embarked on a seamless and positive journey with real-time, data-driven support. Key components of the partnership include:

Comprehensive data analytics

Vytalize Health provides structured, actionable insights rather than raw data, improving efficiency.

Seamless oversight

NextGen Population Health enables FMS to monitor care gaps, patient outreach, and compliance with ACO quality measures.

Monthly incentives

Unlike traditional ACO models, Vytalize Health offers financial incentives from month one, reducing the financial strain on FMS.

Dedicated support

Regular check-ins with medical directors and transformation managers ensures consistent performance optimization.

“Transitioning to Vytalize Health with NextGen Healthcare’s Population Health solution was a game changer. We went from sifting through overwhelming data to receiving clear, actionable insights. The seamless integration and dedicated support made all the difference,” said Axdahl.

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THE IMPACT

Transition to Vytalize Health ACO & NextGen Healthcare

By integrating Vytalize Health's ACO model with NextGen Population Health, Family Medicine Specialists successfully optimized their value-based care approach. This strategic shift resulted in improved care coordination, enhanced financial performance, and a more sustainable model for Medicare patient management. The outcomes speak for themselves:

Improved care coordination

Real-time insights enables proactive patient outreach, ensuring timely follow-ups and reducing hospital readmissions.

Streamlined workflows

NextGen Population Health allows FMS to track AWVs and prioritize high-risk patient visits efficiently.

Immediate financial benefits

Quarterly payments and incentives provide sustainable financial support, rather than delayed shared savings.

Enhanced provider-patient experience

ACO model improvements lead to stronger provider engagement and better patient outcomes.

"Been a NextGen [Healthcare] client for twenty years. I've seen a lot of changes and updates. This one blew me out of the water. I was super impressed. Data is seriously at your fingertips, and the more you drill down, the more you have. It's again, a flawless project," said Axdahl.

For healthcare practices looking to enhance their ACO performance, the partnership between Vytalize Health and NextGen Healthcare presents a proven path to success.

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Talk to an expert today.

Partner with us at 855-510-6398 or results@nextgen.com

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